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**Upcoming Events**

**Sunday Holy Eucharist**  
8:00 a.m. and 10:00 a.m.,  
In the Church

**Bible Studies:**  
*Suspended until after Lent*

**Thursday, February 28 6 pm**  
**Vestry Meeting**  
St. Paul's by-the-Sea

**Friday - Saturday, March 1-2**  
**150th Diocesan Convention**  
Hyatt Resort, Cambridge

**Sunday, March 3**  
**NO SERVICES**  
St. Paul's by-the-Sea

**Sunday, March 3 Noon**  
**150th Anniversary Eucharist**  
Hyatt Resort, Cambridge

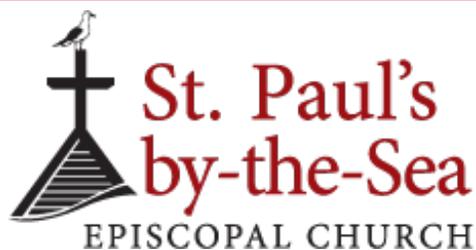
**Monday, March 4 12:30 pm**  
**RDCC Board Meeting**  
Red Doors Community Center

**Tuesday, March 5, 4:30-7 pm**  
**Shrove Tuesday Pancake Supper**  
St. Paul's by-the-Sea

**Wednesday, March 6**  
**Noon & 7 pm**  
**Ash Wednesday Services**  
St. Paul's by-the-Sea

**Thursday, March 7, 6 pm**  
**Vestry Work Session**  
St. Paul's by-the-Sea

**Sunday, March 10 9 am**



**Rector's 2019 Lenten Message**

*Almighty God, whose most dear Son went not up to joy but first he suffered pain, and entered not into glory before he was crucified: Mercifully grant that we, walking in the way of the cross, may find it none other than the way of life and peace; through the same thy Son Jesus Christ our Lord, who liveth and reigneth with thee and the Holy Spirit, one God, for ever and ever. Amen.*

Beloved:

The collect above, from Monday in Holy Week, reminds us of the true goal of the upcoming Lenten season and all the practices in which we will engage to find the way of life and peace. The way of life and peace is found in walking the way of the Cross.

For the first two or three centuries after the birth of Christ, the ideal way that disciples found to follow Christ the closest was through martyrdom. Since Jesus was killed in testimony to the Kingdom of God, so followers of Jesus showed their deepest devotion in allowing themselves to be killed in order to testify to their faith in the Kingdom of God and in the Resurrection. Due to the depth of their faith and the seriousness of their testimony, such martyrs were our first saints, or first to be acknowledged to have received their reward in the Kingdom.

Liberated from the fear of death, they were among the

**One Service Only**  
**Bishop's Annual Visitation**  
St. Paul's by-the-Sea

**Sunday, March 10 5 pm**

**Speaker Series:**

[Lost in Woonsocket](#)

Red Doors Community Center



### **Shepherd's Crook Shopping List**



**The following items are  
always needed and always  
welcome:**

Bottled Water

Tuna - packed in water - 5 oz.  
cans

Vienna Sausage

Canned spinach, collards, pinto  
beans, kidney beans

Fruit - cans or plastic one-  
serve containers of pineapple,  
peaches, pears, oranges

Soups - anything Progresso,

Tomato, Chicken Noodle

Pasta Sauce (in non-glass  
containers)

Pasta

Macaroni and Cheese boxes

most free people the world has ever known. They had no fear of ridicule or rejection, and therefore, lived in the freedom of life in its abundance. With no fear of torture, death, or with the certainty of their inheritance in the Kingdom, they were deeply at peace.

We, gratefully, no longer live in a society in which martyrdom is common, at least not in testimony to the Kingdom of God established in Jesus. Nevertheless, we who are followers of the Lamb that was slain do, from time to time, have a desire to demonstrate or test the seriousness of our faith and the depth of our discipleship. We do so through "little deaths" or certain mortification that we practice during the season of Lent. We embrace ascetical practices, or sacrifices, and adopt certain temporary unpleasant habits in order to embrace the Cross in some manner.

During the season of Lent, the traditional practices that we may pursue include prayer, fasting, and almsgiving. Many people also choose to give up something, such as chocolate, alcohol, social media, and so forth. During Lent many congregations have liturgies which bring the reality of the Passion to the forefront of our attention, including Stations of the Cross.

The important thing to understand about these and other such Lenten practices is that they are not because we are masochists, or that there is any value in suffering as such. Rather, we embrace a certain level of suffering into our lives and habits in order to suffer with hope: with hope in the Resurrection of the One Who has gone before us in suffering and even through Death. Our minor suffering and our Lenten mortification, therefore, grafts our lives and habits onto the Vine which is Christ.

Perhaps, by our mortifications and sacrifices, we may even cultivate a certain indifference to those items which really do not matter, or are a distraction from our discipleship. Perhaps, by giving up an item, or by adopting a new good habit, we may find a new freedom and, in that freedom, find a new posture toward our lives, our relationships, and our discipleship. It is my hope that, like the ancient (and contemporary) martyrs, by *walking in the way of the cross, [we] may find it none other than the way of life and peace.*

In your charity, please pray for the repose of the souls of Linda Moyer, mother of the Rev'd Michael Moyer, OGS, and Barbara Cedrone.

Please also remember our home bound, Margaret Hudson, Betty Wilde, and Ken and Sylvia Tyler.

Also, the month of March is full of disruptions to our Sunday morning service schedule. Please note that the following schedule of services:

**March 3: No service at St. Paul's by-the-Sea due to Diocesan Convention**

**March 10: 9:00 am service for Bishop Marray (Parish Reception for the Bishop)**

March 17: 8:00 am Rite I and 10:00 am Rite II

March 24: 8:00 am Rite I and 10:00 am Rite II

**March 31: Single 9:00 am service for fifth Sunday of the month (Parish Breakfast)**

Lenten Common Worship:

During the Wednesdays in Lent, we will be suspending the Bible Study/Holy Communion and sharing common worship with our sisters and brothers in other Christian traditions in Ocean City. The evening will begin at 5:30 with a simple Lenten meal, followed by a service and music ministry. We will have a guest preacher at each service, preaching from a character monologue ("I am Simon of Cyrene. I was coming in from the fields when there was this great commotion...") Click [HERE](#) for the schedule of services.

Please be assured of my prayers that the beautiful words of the collect above may become real in your lives and in our common congregational life.

Lenten Blessings to all!

Best,  
Matthew+ OP

Shrove  
Tuesday



**Pancake Supper**

Tuesday, March 5, is Shrove Tuesday, and as is tradition, we will be having a Pancake Supper from 4:30-7 pm. It will be held at our church with parishioners from Atlantic United Methodist Church sharing the duties. Last year, they hosted the supper and did most of the work. Let's have a good show of volunteers. Please contact Karen

Cramer or the church office to offer your assistance. The dinner is open to the public, so talk it up with neighbors and friends. \$5 per person or \$10 family.



**March 6th**

Service times are Noon and 7 pm with Ashes to Go in between.



### **Bishop Marray's Annual Visitation**

On Sunday, March 10, Bishop Santosh Marray will visit St. Paul's by-the-Sea. *Please be aware that there will be only one service at 9 am.* The service will include a confirmation. Following the service there will be a parish breakfast to welcome Bishop Marray and allow time for visitation.

Please contact Karen Cramer if you are able to contribute a dish for the meal and/or help in any other way. Extra hands at set-up and clean-up times are always welcome!



From: Bishop & Diocesan Council  
To: Diocesan of Easton Family

The culmination observances of the Sesquicentennial Anniversary at the Hyatt Chesapeake Hotel of the Diocese of Easton includes an Honoree Banquet on Saturday, March 2 at 6:00pm. We will be recognizing 19 members of the diocesan family chosen by a Diocesan Council from persons whose names were submitted either by their parish and/or convocation. The council worked over a six-month period to encourage as many as possible to submit names to be considered.

Here are the honorees to be recognized:

**Northern Convocation:**

C Eddie Vance  
Myron Richardson  
Elizabeth 'Libby' Rice  
Mary Booth Davis  
Chris Maxwell

**Middle Convocation:**

Charlotte "Peaches" Meyer  
Albert Smith  
Kathleen Wise-Ridley  
Lynn Anstatt

**Southern Convocation:**

Bonnie Caudell  
Carrie Connelly  
Pat Layton

Two members will receive the Distinguished Service Award: Nancy Dick and Doris Hughes

Five clergy will also receive the Honoree Award:

The Right Reverend James "Bud" Shand  
The Reverend Dr. Robert 'Bob' Gribbon  
The Very Reverend Dr. Frieda Malcolm  
The Very Reverend Charles Osberger  
The Reverend Nathaniel Pierce

Parishes and individuals are encouraged to show their support for their honorees by coming to the Honorees Gala Banquet which is open to all members of the diocese.

The Honorees Gala Banquet includes banquet fare prepared by the Hyatt Chesapeake and a special performance of "Harriet Tubman: The Chosen One" by Gwendolyn Briley Strand. The evening is held in celebration of and will be honoring members of the diocesan family for their long, dedicated and faithful

service to the diocese.

"Harriet Tubman - The Chosen One" is a dynamic one-woman show that takes its audience on one of the many journeys Ms. Tubman took on the Underground Railroad. Watch Ms. Briley-Strand, change into more than a dozen characters, right before your eyes. Listen as she sings spiritual after spiritual showing how the enslaved used this "secret language" to communicate with one another. Join Ms. Briley-Strand as she transports you into a time you've only read about.

The cost of ticket is \$50 and can be purchased by calling the Diocesan office at 410-822-1919.



### **The Authentic Italian Dinner**

All I can say is, Thank You and W O W! Those of you who attended can add your own adjectives. What an amazing, wonderful, beautiful, delicious event. It was truly a gift from Vi Candeloro and her family.

When Vi approached me over a year ago, saying she used to do an Italian Dinner at her old church in Baltimore and how much she would like to do one for St. Paul's by-the-Sea; I hugged her and said, "That's great, I'm with you all the way, we're in this together." She said, "I'll get my family to help, they know how I cook." And, so, the journey began.

I'm sure those in attendance were aware that such a breathtaking atmosphere and amazingly delicious meal did not happen overnight. It was truly the vision of Vi and her daughter, Sarah, who spearheaded what their gift would be. Sarah envisioned what the theme of the dinner should look like. She and her daughter created the wine bottle centerpieces; the idea of silverware wrapped in red napkins and green napkins on white tablecloths was her idea also. Of course, we did use white placemats as a precaution.

Vi wasn't kidding when she said she would get her family to help. Those helpers were her children, grandchildren, greatgrandchildren, even a niece and her husband. Vi set the menu, daughter Sarah, and granddaughter Sarah, prepared the sauces. Sarah also made the salad dressing and the filling for the cannoli. When we were working in the kitchen on Saturday, I asked to see some form of identification, because you had to be a Candeloro to work with anything to do with the food. It had to have that Candeloro touch. That touch is LOVE.

Of course, I cannot leave out those dependable few who are always there to form a crew. I won't mention their names because, like those accepting an Oscar, they seem to forget to mention someone.

Believe me, if you didn't attend on Sunday, you missed out on one of the most wonderful times held in our Parish Hall in a long time. The atmosphere of the whole room was filled with fellowship and good feelings. We were told by so many guests that they were overwhelmed at the entire event and it was beyond what they ever expected. A friend of Tom and Debbie Shuster is a columnist for The Washington Post. She said she covers a lot of events in the D. C. Metropolitan area and this was above many of the events she has covered there. Along with those comments they said, "Please let us know when you will be doing this again." I have those names written down.

When the dinner was advertised as an Authentic Italian Dinner, it could not have been more authentic unless it was held in ITALY.

With thanks and love from a very happy Parish Life chairperson.

Karen A. Cramer



## **Shepherd's Crook**

The Shepherd's Crook continues to serve those most in need of God's mercy with standard hours of 10 am to Noon on Mondays, Tuesdays, Thursdays and Saturdays.

In January, we served 889 people with food for meals.

It is with open arms that we join together with NOEL most Saturdays this winter. They offer a free hot

breakfast to the community, and for this we are all thankful.

*Love God, Serve the World.*



## **Ocean City Cluster News**

Several Years ago, the Diocese grouped churches together in Clusters. We are a part of the Ocean Cluster, which includes Church of the Holy Spirit and St. Paul's By-The-Sea in Ocean City and St. Paul's in Berlin. We have had a relationship with one another for many years, particularly as we shared our Three Parish Pilgrimage during the Wednesday of Holy Week.

The Ocean Cluster has had various events together over the past few years and each of us has our own Outreach Ministries, but we were looking for a ministry that we could do together. In conversation with one another, we began to talk about the problems of addiction. This conversation lead to an event in January at the new Recovery House in Berlin. We met for lunch at the House. We were able to have a tour and conversations with the guests living in the House. We then moved to the Parish Hall of St. Paul's in Berlin to talk about how it is we might be able to help with this vital local ministry.

In our conversation we identified four areas of need for the Recovery House - 1. A meal once a month 2. Spreading the word about the Recovery House 3. Financial Help 4. Towels and bedding. We took some time to think about these needs and met again several weeks later.

We decided upon these ways to have a relationship and help the Recovery House - 1. Provide supper on the third Sunday of every month. A plan has been made for a rotating schedule of who will provide each part of the meal: a salad, a main course, or a dessert. People from all three parishes will then deliver the food and share the meal with the guests at the house. 2. We will be having our Three Parish Picnic at the Recovery House this year on August 18th. This will give members of the three Churches the opportunity to meet the guests at the house. 3. At Cluster Events, we will be designating a collection of

money or sheets and towels. At our Three Parish Pilgrimage this year, we will be collecting (new) single and full sheet sets and towels.

We will be re-evaluating our plan at our meeting in June. We look forward to our developing relationship with Recovery House as well our working together as a Cluster of churches.



**CARRABBA'S**  
ITALIAN GRILL®

**JOIN US AT**

CHURCH OF THE HOLY SPIRIT  
10001 Coastal Highway  
Ocean City, MD 21842

WHEN: Sunday, March 24  
TIME: 4pm – 6 pm  
COST: \$15

Dinner includes: Chicken Bryan, Penne Pomodora, Caesar Salad, Garlic Breadsticks, Cannoli, Ice Tea & Lemonade

DESSERTS available for \$1.00 each or 3/\$2.00

Proceeds benefit Episcopal Church Women Outreach programs

Contact Church Office for tickets – (410)723-1973

[Church of the Holy Spirit Carrabba's Dinner Fundraiser](#)



## eNewsletter

*We are in need of a new eNewsletter editor. My busy work schedule does not allow me the time to do this job*

properly. It is not a difficult job at all! It just requires time, attendance at church events, and the ability to "cut and paste". If you are interested in taking over this ministry please contact Fr. Matt.

In the meantime, all the committee chairs are invited to submit articles (whether one paragraph or several) about the activities of their committee such as meetings or upcoming events. The next issue will be sent out mid-March.

We want to keep our parishioners well informed and feeling connected and your help is needed in order to do so. Thank you!

Jody Farley

If you have any questions, articles, or suggestions for this e-newsletter, please contact Jody Farley at [spbtsnewsletter@gmail.com](mailto:spbtsnewsletter@gmail.com) Thanks for reading!

